

# Guidelines for Improv Jam

- Safety first! Keep a constant awareness of yourself and the people around you – you are responsible for your own safety.
- Maintain a quiet, focused environment
- Enter and exit the dance space as you wish – you can always leave or join a dance
- Improvise alone or with others
- No videoing devices inside the studio – this is a place for free experimentation
- Feel free to sit on the perimeter of the space and watch the action – so much can be learned this way!
- Any problems/concerns should be immediately brought to the facilitator(s)' attention